



National  
Military Family  
Association

## Email Template to Contact Your Senator

### EMAIL:

\*A bonus step in support of our military families is to send a follow-up email.\*  
Here are some quick tips to make the email easy to write.

**Subject Line:** Say Yes to Quality of Life Recommendations for Military Families

### Letter Body:

- Identify yourself and that you're a voter in their state.
- State that you're writing to support the Quality of Life Recommendations put forth by the House Armed Services Quality of Life Committee.
- Describe the importance of the issue to you. Explain your relationship to military families, your own military family background, or why supporting military families is personally important to you.
- Clearly let them know what you want them to do: "I'm asking you to make sure the Quality of Life Recommendations put forward by the HASC Quality of Life Panel are included in the Senate version of the Fiscal Year 2025 NDAA."
- Thank them.
- Provide your address after your name so that your elected official knows you're a constituent.

**Speak NOW:**  
Together We're Stronger®